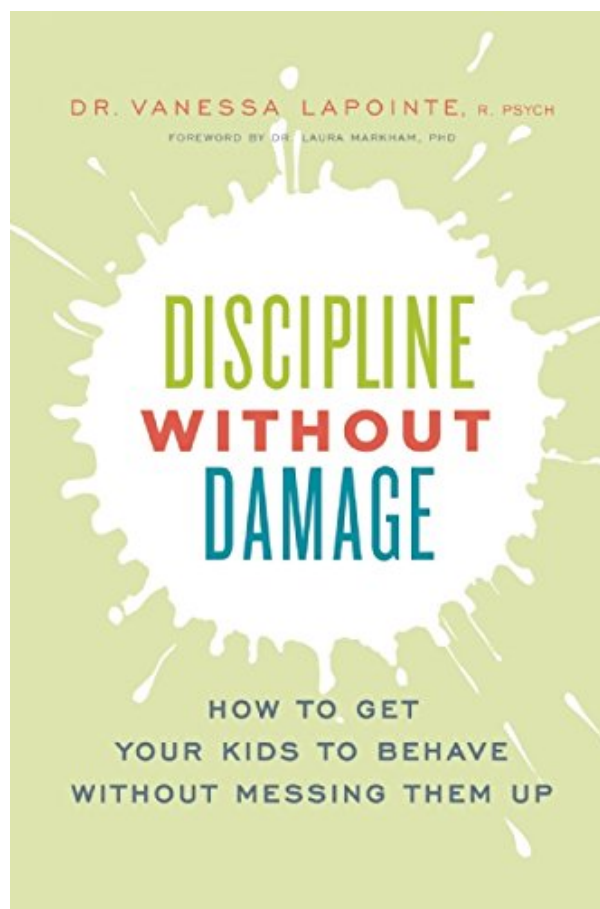
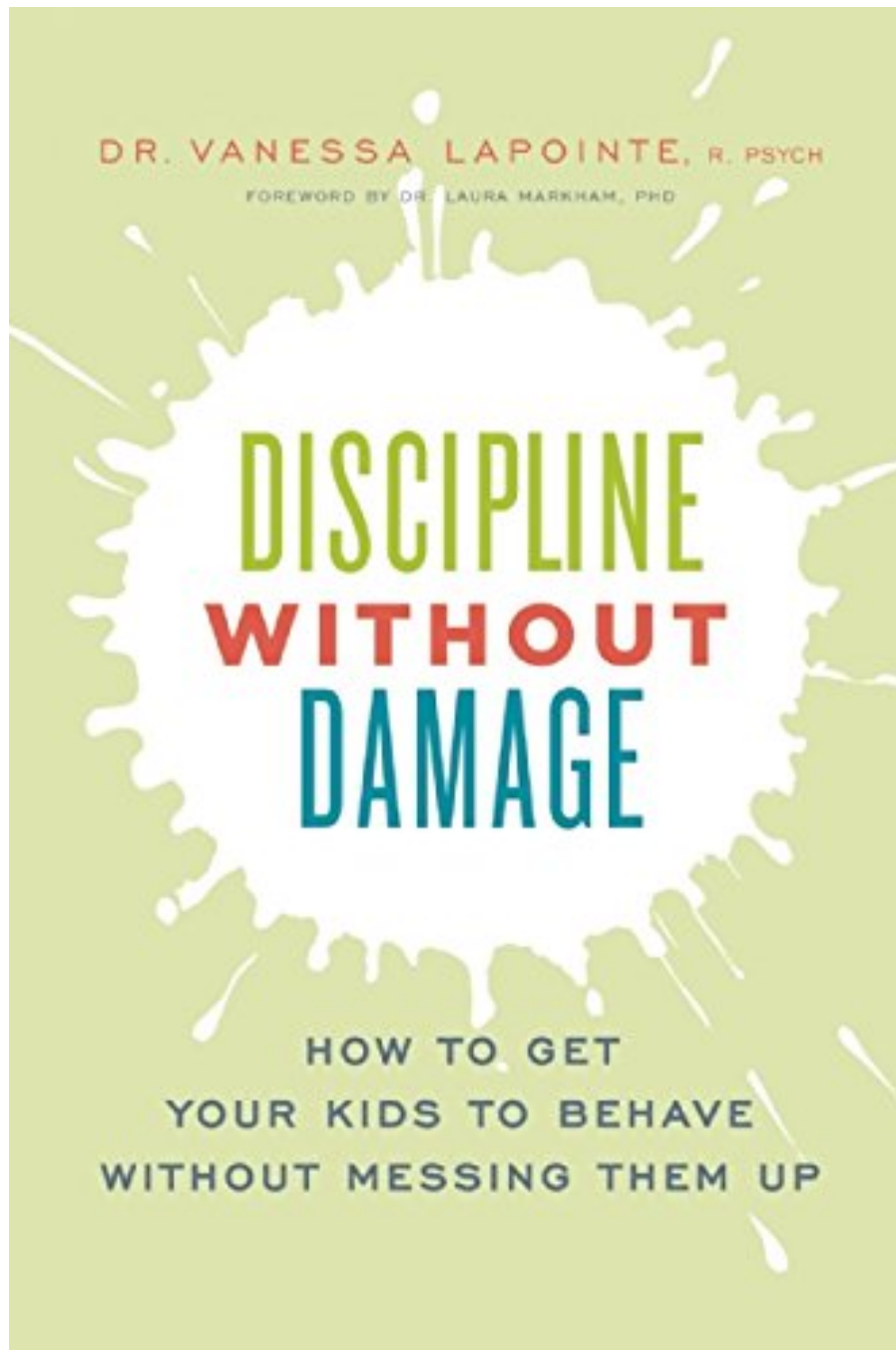


**DISCIPLINE WITHOUT DAMAGE: HOW TO
GET YOUR KIDS TO BEHAVE WITHOUT
MESSING THEM UP BY VANESSA
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As recognized, book *Discipline Without Damage: How To Get Your Kids To Behave Without Messing Them Up By Vanessa Lapointe* is well known as the window to open the world, the life, and brand-new point. This is exactly what individuals currently need a lot. Even there are many individuals which don't like reading; it can be a selection as reference. When you really need the methods to create the next motivations, book *Discipline Without Damage: How To Get Your Kids To Behave Without Messing Them Up By Vanessa Lapointe* will actually direct you to the means. In addition this *Discipline Without Damage: How To Get Your Kids To Behave Without Messing Them Up By Vanessa Lapointe*, you will have no regret to obtain it.

Review

"Every year, I read most of the parenting books that are published in English, and *Discipline Without Damage: How To Get Your Kids To Behave Without Messing Them Up*, by Dr. Vanessa Lapointe, is one of the five best parenting books that I've read in the past five years... I hope that this book makes it onto the short list of every parent. I think it can change the world."

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"In *Discipline Without Damage*, Dr. Vanessa Lapointe explores the important question of why we discipline rather than just how. We need to question the notion that the only way to raise happy, capable and caring future adults is to punish children when they don't behave according to our wishes. In fact, by showing that children really need kindness, fairness and a caring, safe environment, Dr. Lapointe has created a trustworthy resource for parents."

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DISCIPLINE WITHOUT DAMAGE: HOW TO GET YOUR KIDS TO BEHAVE WITHOUT MESSING THEM UP BY VANESSA LAPOINTE PDF

In this easy-to-read, science-based book, parents, caregivers, and adults of all kinds discover how discipline affects children's development, why intervention should reinforce connection not separation, and why the disciplinary strategies that may have been used on us as children are not the ones that children really need. As a practicing child and family psychologist and advisor to the British Columbia ministry of children and families, Dr. Vanessa has seen it all, and she has navigated hundreds of tough situations with families. Drawing on scientific research and a wealth of clinical experience, she shows you how to put out the fire without dampening your child's spirits; how to correct their behavior while emphasizing connection; and how to discipline without damage.

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Features

- Lifetree Media

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Most helpful customer reviews

54 of 56 people found the following review helpful.

As a Psychology PhD & a parent, I struggle with some parenting books. Not this one. Loved it.

By MichelleKH

While I am PhD in the field of child Psychology, I am first and foremost a parent of young children. I own, have read, and have reviewed many books on parenting and child development. However, the parent in me has sighed (ok rolled my eyes) at the occasional parenting book, the professional scientist in me has rejected other parenting books outright, and...for a few other parenting books...the clinician in me has thought "My (parent) clients don't have the time or patience to read this lengthy and verbose, yet fabulous, book."

It was a great experience not to have any of the above reactions. While reading *Discipline Without Damage*, my reaction was "Finally - someone has managed to intelligently synthesize the science and practicalities all together, in an amusing, accessible fashion," with some subtle twists. This book will appeal to parents interested in intentional and attachment-based parenting, but also parents who utilize limit setting and more structured approaches.

From my research, clinical, and personal perspective, a child's emotional- and self-regulation is critical for their relationships and their future success. Children who can be co-regulated by self-regulated parents in a loving, firm, and secure fashion will grow up to be independent, successful and connected adults (who hopefully are still involved with their parents and healthier relationships across the lifespan). So - perhaps the greatest value of Dr. Lapointe's book ---- it translates what we know as scientists into real scenarios, helpful verbal phrases, and simple actions that parents can take to co-regulate and connect to their children. I confess, some of her suggested parenting expressions "just seem to connect to my children (and husband)'s limbic-emotional brains" better than my own. Equally, it also shares practical strategies for us as parents to self-regulate in challenging parent-child situations.

9 of 9 people found the following review helpful.

A must read for all parents & professionals working with children

By terri-lynn smith

I have worked with children for over 10 years and now have a wee one of my own and have been waiting for a book like this to come out forever. It's filled with 'ah-ha' moments, relatable experiences and lots of powerful messages that can have such a huge impact on the daily challenging moments. *Discipline without damage* is an essential resource and gift for us all, it definitely has provided me with more confidence and I'm so excited about the impact this book has on so many generations.

14 of 15 people found the following review helpful.

As an Infant Development Consultant, I have had the ...

By Amazon Customer

As an Infant Development Consultant, I have had the privilege of working alongside Dr. Lapointe, attending many of her workshops and I have also sought her support on my own parenting journey. I am always moved by Dr. Lapointe's commitment to children and their "big people". After reading *Discipline without Damage*, I am once again in awe. Dr. Lapointe not only understands the science behind child development and the importance of connection, she "sees it, feels it, and IS it". I am empowered to continue having connection my number one goal as a parent and professional. I will definitely be adding *Discipline Without Damage* to my "must have" resources.

By Karen Bollman

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