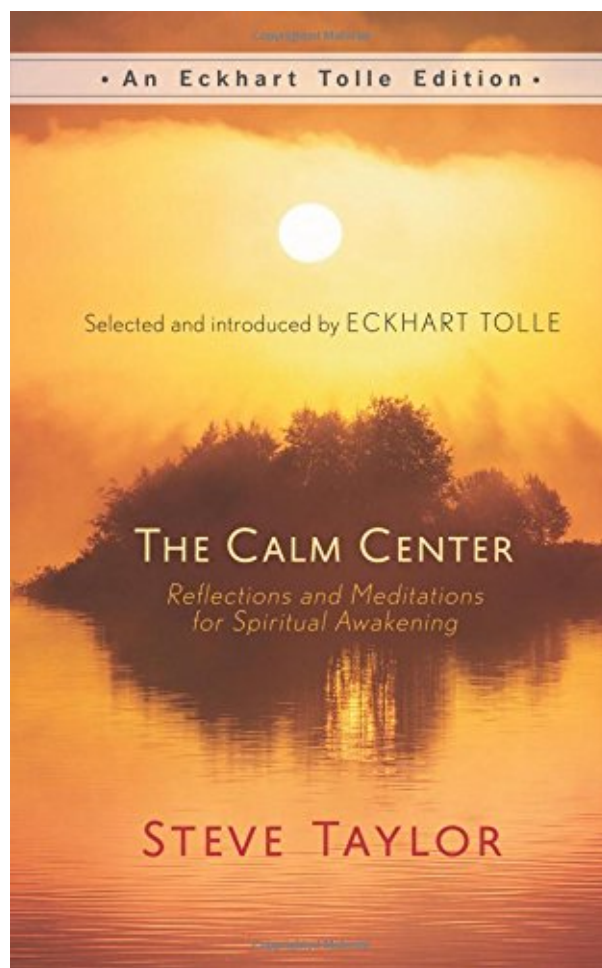
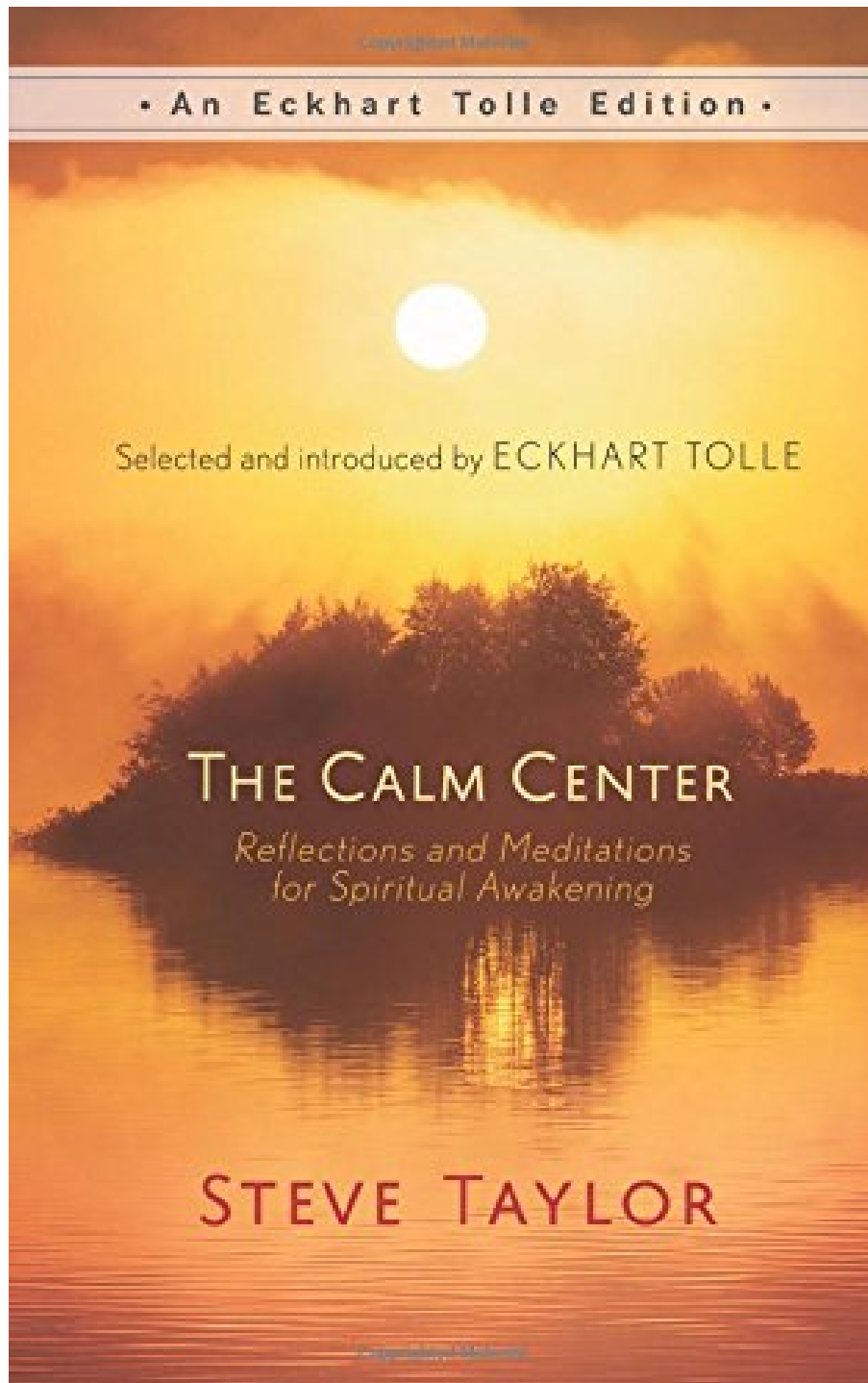


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MEDITATIONS FOR SPIRITUAL
AWAKENING (AN ECKHART TOLLE
EDITION) BY STEVE TAYLOR**



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Review

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About the Author

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Discover the Essence of Who You Really Are

These powerful meditations and poetic reflections will comfort, inspire, and gently bring you out of the hectic day-to-day and back to the bedrock of peace, and even joy, of your true, essential, and authentic self. By encouraging you to see the limitations of your everyday, conditioned personality, Steve Taylor empowers you to step outside of it so you can breathe the fresh air of freedom. His words will guide you on a journey through the landscape of wider awareness, pointing out the obstacles and landmarks along the way to enlightenment. A profound modern spiritual text with the power to transmit awakening, The Calm Center will help you open to the deepest and highest experiences of a life fully lived.

- Sales Rank: #216002 in Books
- Published on: 2015-05-12
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .60" w x 5.10" l, .44 pounds
- Binding: Hardcover
- 128 pages

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Most helpful customer reviews

13 of 13 people found the following review helpful.

A beautiful book, in form and content - full of wisdom and deep insight.

By AmberLiza

A beautiful book, in form and content - full of wisdom and deep insight. It's the kind of book you can carry around and open at random and always find something inspiring. It touches on all aspects of human life and resonates with truth. Often spiritual awakening is pictured as a blissful perfect state but this book shows that it isn't always about bliss and harmony - it can be a disorienting and confusing, especially in the beginning. 'The old world is receding behind you, and you're waiting at the threshold of the new, disoriented, wondering how to make sense of this strange place.'

Life can be struggle, but there is always sacredness and harmony in it, if we connect to your authentic selves and return to the present moment. 'The Core' is profoundly moving, and mirrors my own journey perfectly. 'A self you had to find, so that you could lose it.'

I enjoyed Eckhart Tolle's foreword too, in which he explains how the poetic is a natural expression of spirituality. This book is a fantastic example of that.

10 of 11 people found the following review helpful.

Taylor's messages are written in poetic form which makes for easy, gentle reading

By Marilyn Dalrymple

The Calm Center: Reflections and Meditations for Spiritual Awakening by Steve Taylor was surely written by someone who has felt about that which he writes. When you feel stuck, lost, hopeless or tormented Taylor tells us there is hope. You aren't blocked, there is nothing wrong with you, "You're not breaking down but breaking through." What a hope filled message.

Taylor's messages are written in poetic form which makes for easy, gentle reading. An example From "The Mellow Glow," a message speaking to the aging process:

"Why fight against the fading glow of youth?
Why try to freeze a process that can't be stopped?
You're clinging too hard, that's why you're weary;
your face is lined with tension, not with age."

I believe he speaks the truth in the last line of this stanza and in every stanza of every poem.

The author speaks the truth as someone who is living it. He addresses topics that we contemplate each day, but perhaps are too afraid to vocalize. He addresses issues with which we've all struggled and tells us - in line after line - don't be too concerned, find *The Calm Center* and trust you'll find your answer there. He talks of death, gratefulness, sadness, strangeness, "The End of Success." His answer to "The End of Success," is:

"But now that there's no way forward
this is your chance to stop and look around.
Watch as the road behind you vanishes
and a landscape begins to emerge, as if through
morning fog --
a brilliant panorama, fresh and lush with meaning,
with no direction anywhere, only depth and space.
It was always here but you never saw it --
because you were never here."

Again, a hope filled message. Now you can explore the process of making your past successes richer, deeper, more meaningful.

A truly worthwhile book; a gentle, prodding for us all to look to the future. It's there waiting for us.

7 of 7 people found the following review helpful.

Beauty, Inspiration, and Compassion

By Books are friends

This book is special. It is so real and authentic that every page feels like a mirror. Sometimes it was inspiring, at other moments it was reassuring, and yet mostly it was comforting – the comfort of reading a truth that resonates within, wordless, until someone finds a way to express it. Steve Taylor found a way to express it. With rare beauty and depth he is offering us a glimpse into Truth – the kind of truth that transforms you. The kind of truth after which a “you” barely exists. In his own words:

“How will you know how strong you are unless your strength is tested? How will you know how deep you are unless turmoil breaks your surface and forces you to dive? How will you know what sleeps inside until the whole of you is challenged to wake up? Then you’ll turn inside to gather your resources, your untapped reserves of strength and skill, then rise like a sun, amazed by your own brightness, stronger than you ever suspected deeper than you ever dreamed”

See all 41 customer reviews...

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