

THE COMPLETE A TO Z FOR YOUR V: A WOMEN'S GUIDE TO EVERYTHING YOU EVER WANTED TO KNOW ABOUT YOUR VAGINA--HEALTH, PLEASURE, HORMONES, AND MO



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A TO Z

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V

*a Women's Guide to
everything you ever
wanted to know about*
**YOUR VAGINA:
HEALTH, PLEASURE,
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ALYSSA DWECK, M.D. and ROBIN WESTEN
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About the Author

Alyssa Dweck MD is a gynecologist in Westchester County, NY. She is proficient in gynecologic surgery and has expertise in female sexual health. She has been voted Top Doctor in New York Magazine and Westchester Magazine. She provides care to women of all ages and has delivered thousands of babies. A graduate of Barnard College, she has a Masters Degree in Human Nutrition from Columbia University and her MD from Drexel University in Philadelphia. She did her residency training at Lankenau Hospital in Wynnewood, Pa. She is an Assistant Clinical Professor in the Department of Obstetrics, Gynecology and Reproductive Science at the Mount Sinai School of Medicine and a Consultant Massachusetts General Hospital (Vincent's Memorial Ob/Gyn Service). Dr. Dweck is on the Health Advisory Board of Family Circle Magazine and contributes regularly to Women's Health Magazine, Cosmopolitan and has been on The Today Show. Dr Dweck has co-authored three books, including the upcoming *The Complete A to Z of the V*. An accomplished triathlete who also enjoys sports cars in her 'spare' time, Dr. Dweck lives in Scarsdale, New York, with her husband, their two sons and their English bulldog. Please visit drdweck.com.

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PDF

Everything you always wanted to know about being a woman, but didn't know whom to ask

Breaking the mold on women's health guides, *The Woman's A to Z for Your V* tells women of all ages what they need to know about their own unique health as a woman. Whether you are researching a specific issue or just want a go-to reference for yourself, your daughter, your niece, or your partner, this book offers it all in a friendly, illustrated format from an expert in the field of women's health. The book covers every topic the author, a well-respected OB/GYN with over 20 years of experience in practice, has been asked about in her career. This is the doctor's guide for the laywoman, and it pulls no punches when talking about sex, shaving, what's "normal," vibrators, STDs, and beyond. The friendly and funny voice along with accessible illustrations make subjects that normally make people squirm easy and enjoyable to read about. The author's focus is to make women feel comfortable and empowered in their bodies, which makes this book stand out from the dryer medical guides. Women's health is a topic that is now more out in the open for discussion than ever before, and *The Woman's A to Z for Your V* makes finding the answers easy and asking the questions even easier.

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