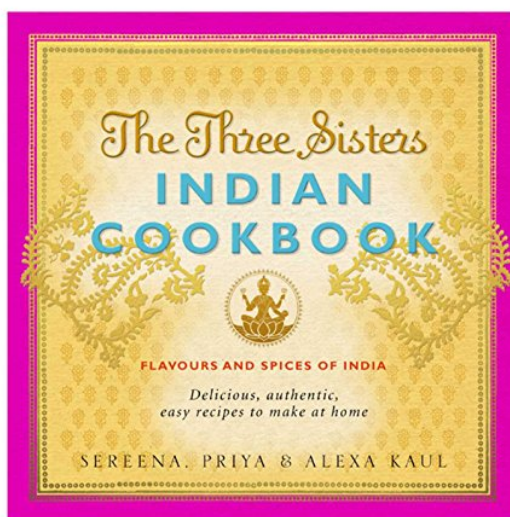
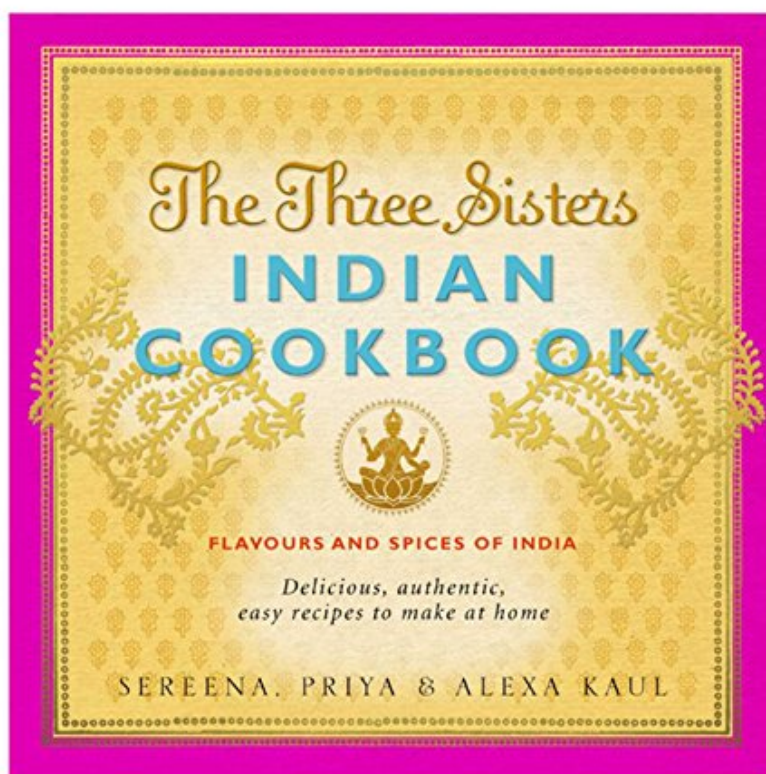


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About the Author

Sereena Kaul, Priya Kaul, and Alexa Kaul learned how to cook by watching their mother and their grandmother produce exquisite meals for huge family gatherings. Here they have simplified those dishes to suit their own smaller families and hectic lifestyles.

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THE THREE SISTERS INDIAN COOKBOOK: DELICIOUS, AUTHENTIC AND EASY RECIPES TO MAKE AT HOME BY SEREENA KAUL, ALEXA KAUL, PRIYA KAUL PDF

Priya, Sereena and Alexa Kaul's family left Kashmir to live in the UK. The three girls grew up in Derbyshire and loved rushing home from school to watch their mother make delicious dahl, korma and rogan josh with fresh spices from brought from Kashmir. When they had families of their own they longed for a spice box like the one their mother had - full of all the spices needed to make the recipes they craved from their childhood. So they created a spice box with thirteen essential spices and collected 100 family recipes that can easily made at home - just add ingredients from any supermarket or high street grocer.

This book is the three sisters' own collection of easy to make Indian dishes. Whether you are a traditional or a creative cook or you have a busy lifestyle you will enjoy making and creating these delicious recipes. There is detailed section on how to identify and use fresh spices and plenty of information about the medical and culinary uses of ginger, cardamom, turmeric and more. Nearly all the dishes can be made in advance and frozen so ditch the take away menu and make your own fresh versions of our favourite cuisine with real Indian flavours and spices.

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- Brand: Brand: Simon n Schuster UK
- Published on: 2010-10-14
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- Original language: English
- Number of items: 1
- Dimensions: 9.50" h x .70" w x 9.50" l, 1.95 pounds
- Binding: Paperback
- 176 pages

Features

- Used Book in Good Condition

About the Author

Sereena Kaul, Priya Kaul, and Alexa Kaul learned how to cook by watching their mother and their grandmother produce exquisite meals for huge family gatherings. Here they have simplified those dishes to suit their own smaller families and hectic lifestyles.

Most helpful customer reviews

6 of 6 people found the following review helpful.

Absolutely enjoying this cookbook!

By rebcat

This cookbook is beautiful and the recipes within do not disappoint! I'm relatively new to Indian cooking, though I love cooking from scratch and I have just loved each and every dish I've made. I also love that they

include suggestions for other recipes to accompany the one you choose to make and the photos with each recipe are beautiful. I could cook from this cookbook daily! Now I'm purchasing their other "Quick and Easy" cookbook so I can have even more fun learning and cooking.

3 of 3 people found the following review helpful.

The pictures are beautiful and the recipes look very easy to follow

By Jackie F. Smith

I am going to update this review after I have actually made some of the recipes. The book makes Indian cooking accessible to the nonIndian - me. The pictures are beautiful and the recipes look very easy to follow.

6 of 6 people found the following review helpful.

Easy - Cost Effective - Delicious

By Random Reader

This week I have cooked a different meal from this book every evening. I must say that not only are the recipes easy to follow, they use the same core ingredients, making them very cost effective and the meals have been absolutely delicious. Having a cookery book collection only slightly smaller than my local library I have to confess to having this book for a long time without getting around to trying anything from it, this is partly because when cooking Indian meals I instinctively reach for Madhur Jaffrey who's recipes I love. However now that I have started using this book and found it to be so simple I will most definitely be using it a lot more. I hope The Three Sisters bring us another book soon.

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